



Pre/Post Test

DIABETES EDUCATION MODULE FOR HOME HEALTH AIDES
PRE/POST TEST

Name:	Agency:
Date:	Instructor:

Please Circle if: Pre Test or Post Test

Circle Correct Answer

- | | | |
|---|------|-------|
| 1. When a person with diabetes feels very thirsty, is urinating frequently, feels tired, he/she may have high blood glucose or hyperglycemia. | True | False |
| 2. When a person is experiencing a low blood sugar reaction where they are sweaty, shaky and tired you should give them a cup of orange juice with added sugar. | True | False |
| 3. It is important to soak the feet if someone has diabetes. | True | False |
| 4. Persons with diabetes are allowed to walk to the bathroom barefoot when the bathroom is very close. | True | False |
| 5. As long as a person with diabetes does not eat sugar or foods containing sugar his/her blood glucose will be controlled. | True | False |
| 6. It is very important that the frail senior person with diabetes eat enough food to provide adequate nutrition. | True | False |
| 7. Eating the same amount of food at each meal and snack and at the same times each day helps control blood glucose for the person with diabetes. | True | False |
| 8. Sugar-free foods are “free” foods for the person with diabetes. | True | False |
| 9. Persons with diabetes should never exercise if their blood glucose level is over 240 mg/dl. | True | False |
| 10. Persons with diabetes should continue to exercise even if they are tired and short of breath. | True | False |

PRE/POST TEST

ANSWER KEY

- 1. True**
- 2. True**
- 3. False**
- 4. False**
- 5. False**
- 6. True**
- 7. True**
- 8. False**
- 9. True**
- 10. False**